

**JODY LEE THOMAS**  
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## **Education**

***Doctor of Social Work, February 2018***

Capella University, Minneapolis, MN

***Master of Social Work, May 2008***

The University of South Carolina at Columbia, Columbia, SC

***Bachelor of Social Work, December 2001***

The University of North Carolina at Pembroke, Pembroke, NC

## **Research Interest**

Community Violence, Cultural Competence, Historical Trauma, Mental Health, among Indigenous Populations (Particular emphasis on the Lumbee Tribe)

## **Teaching Experience**

**Assistant Professor, BSW Program Director**

*University of North Carolina at Pembroke, Pembroke NC*

January 2023-Current

- Review and update courses as needed
- Chair BSW program committee
- Assist with any registration issues
- Advise all BSW students as needed
- Develop online Canvas Course
- Review and evaluate all Student assignments
- Advise students
- Serve on department and University committees

**Assistant Professor, Interim BSW Program Director**

*University of North Carolina at Pembroke, Pembroke NC*

January 2022-December 2022

- Review and update courses as needed
- Chair BSW program committee
- Assist with any registration issues
- Advise all BSW students as needed
- Develop online Canvas Course
- Review and evaluate all Student assignments
- Advise students
- Serve on department and University committees

**Assistant Professor**

*University of North Carolina at Pembroke, Pembroke NC*  
January 2019-Current

- Develop Course Syllabi
- Develop online Canvas Course
- Review and evaluate all Student assignments
- Advise students
- Serve on department and University committees

**Lecturer, BSW Field Director**

*University of North Carolina at Pembroke, Pembroke NC*  
August 2016-December 2018

- Recruit potential agencies and Field Instructors.
- Collect information on possible placements for students and make decisions regarding appropriateness of placements.
- Review and evaluate all Student Field Placement Applications.
- Develop the syllabi
- Conduct a field orientation meeting for students as well as field supervisors/task supervisors.
- Monitor all field placements and mediate problems that occur in field.

**Assistant Professor, BSW Field Director**

*University of North Carolina at Pembroke, Pembroke NC*  
July 2011-July 2016

- Recruit potential agencies and Field Instructors.
- Collect information on possible placements for students and make decisions regarding appropriateness of placements.
- Review and evaluate all Student Field Placement Applications.
- Develop the syllabi
- Conduct a field orientation meeting for students as well as field supervisors/task supervisors.
- Monitor all field placements and mediate problems that occur in field.

**Lecturer, Child Welfare Coordinator**

*University of North Carolina at Pembroke, Pembroke NC*  
January 2011-June 2011

- Implement and coordinate all functions of the Child Welfare Collaborative within the Social Work Department.
- Work closely with the regional Departments of Social Services and the North Carolina statewide consortium.

- Assure all child welfare scholar slots are filled with quality students dedicated to child welfare.
- Assure scholars meet all the requirements of the Child Welfare Collaborative.
- Lecture two social work department courses.

### **Instructor/Trainer**

*Private Instructor/Trainer, Robeson County, 2006-Current*

- Instructor of Mental Health diagnosis and symptoms
- Instructor Health Insurance Portability and Accountability Act (HIPAA)
- Instructor of North Carolina Interventions Plus (NCI+)
- Instructor of Cultural Competency
- Instructor of Diversity
- Instructor of Ethics
- Instructor of Client Rights
- Instructor of Common Disorders
- Instructor of American Red Cross Adult and Pediatric Basic Life Support, CPR, AED, First Aid and Bloodborne Pathogens

### **HRD Instructor**

*Robeson Community College, Lumberton, NC*

Fall 2003, Fall 2005-Spring 2007

- Collaborate with community agencies to link students with employment
- Instruct students on how to promptly develop appropriate documentation per Medicaid guidelines
- Ensure students have all the necessary requirements for employment
- Teach general information to perform effective skill building and interventions to individuals

### **Courses Taught**

Spring 2011	Social Work Practice I: SWK 3800 001 Social Work Practice II: SWK 3850 800
Summer 2011	Human Diversity & Populations At-Risk: SWK 2450 001
Fall 2011	Field Work: SWK 4900 001 Field Work Integrative Seminar: SWK 4910 001 & 002
Spring 2012	Field Work: SWK 4900 001

Field Work Integrative Seminar: SWK 4910 001 & 002  
Social Work Practice I: Section 001

Fall 2012	Field Work: SWK 4900 001 Field Work Integrative Seminar: SWK 4910 001 & 002 Human Behavior and the Social Environment: SWK 3450 001 & 002
Spring 2013	Field Work: SWK 4900 001 Field Work Integrative Seminar: SWK 4910 001 Human Behavior and the Social Environment: SWK 3450 001 & 800 Macro Human Behavior and the Social Environment: Section 800
Fall 2013	Field Work: SWK 4900 001 Field Work Integrative Seminar: SWK 4910 001 & 002 Human Behavior and the Social Environment: SWK 3450 001 & 800
Spring 2014	Field Work: SWK 4900 001 Field Work Integrative Seminar: SWK 4910 001 Human Behavior and the Social Environment: SWK 3450 001 & 002
Summer 2014	Intro to Social Work: Section 800
Fall 2014	Field Work: SWK 4900 001 Field Work Integrative Seminar: SWK 4910 001 Human Behavior and the Social Environment: SWK 3450 001, 002, & 400
Spring 2015	Field Work: SWK 4900 001 Field Work Integrative Seminar: SWK 4910 001 & 002 Human Behavior and the Social Environment: SWK 3450 001
Fall 2015	Human Behavior and the Social Environment: SWK 3450 001 Field Work: SWK 4900 001 Field Work Integrative Seminar: SWK 4910 001
Spring 2016	Field Work: SWK 4900: 001 Field Work Integrative Seminar: SWK 4910 001 Field Work Integrative Seminar: SWK 4910 400
Fall 2016	Field Work: SWK 4900 001 Field Work Integrative Seminar: SWK 4910 001 Field Work Integrative Seminar: SWK 4910 400
Spring 2017	Field Work: SWK 4900 001 Field Work Integrative Seminar: SWK 4910 001 Field Work Integrative Seminar: SWK 4910 400

Fall 2017	Practice with Children & Adolescents: Section 800 Field Work: SWK 4900 001 Field Work Integrative Seminar: SWK 4910 001
Spring 2018	Field Work: SWK 4900 001 Field Work Integrative Seminar: SWK 4910 001 Field Work Integrative Seminar: SWK 4910 400
Fall 2018	Swk Practice II: Section 002 Swk Practice II: Section 800 Field Work: SWK 4900 001 Field Work Integrative Seminar: SWK 4910 800
Spring 2019	Field Work - SWK 4900 – 001 Field Work Integrative Seminar: SWK 4910 001 Field Work Integrative Seminar: SWK 4910 800
Fall 2019	Social Welfare and Policies: Section 001 Social Welfare and Policies: Section 800 Human Behavior and the Social Environment II: Section 001 Field Work Integrative Seminar: SWK 4910 002 Freshman Seminar: Section 032
Spring 2020	Human Behavior & Social Environment I: SWK 3450 001 Human Behavior & Social Environment I: SWK 3450 002 Human Behavior & Social Environment I: SWK 3450 800 Practice with Children and Adolescents: Section 800
Summer 2020	Advanced Practice with Indigenous Populations: SWK 6710 801
Fall 2020	Freshman Seminar: UNIV 1000 Section 018 Human Behavior & Social Environment I: SWK 3450 002 Human Behavior & Social Environment I: SWK 3450 800 Concentration Practice I and Seminar: Section 003 Social Work with Groups: Section 001 Social Work with Groups: Section 002
Spring 2021	Human Behavior and the Social Environment I: SWK 3450 001 Human Behavior and the Social Environment I: SWK 3450 800 Foundation Practicum I and Seminar: SWK 5300 002 Ethics and Diversity Issues in Addiction: SWK 6190
Summer 2021	Advanced Practice with Indigenous Populations: SWK 6710 800 Advanced Practice with Indigenous Populations: SWK 6710- 03
Fall 2021	Human Behavior and the Social Environment I: SWK 3450 001 Human Behavior and the Social Environment I: SWK 3450 003

	Human Behavior and the Social Environment II: SWK 4450 001 Mental Health Diagnostics: SWK 5650 006 Freshman Seminar: UNV 1000 005
Spring 2022	Human Behavior & Social Environment I: SWK 3450 001 Human Behavior and the Social Environment II: SWK 4450 001 Human Behavior and the Social Environment II: SWK 4450 800
Summer I 2022	Advanced Practice with Indigenous Populations: SWK 6710 800
Summer II 2022	Advanced Practice in Rural Settings: SWK 5080 803 Advanced Practice in Rural Settings: SWK 5080 804
Fall 2022	Understanding Social Research: SWK 3910 001 Understanding Social Research: SWK 3910 002
Spring 2023	Understanding Social Research: SWK 3910 001 Success in Social Work SWK 3050 001 Human Diversity: SWK 2450 800
Summer I 2023	Advanced Practice with Indigenous Populations: SWK 6710 800
Summer II 2023	Advanced Practice in Rural Settings: SWK 5080 800 Advanced Practice in Rural Settings: SWK 5080 801
Fall 2023	Success in Social Work SWK 3050 001 Success in Social Work SWK 3050 001 Human Behavior and the Social Environment II: SWK 4450 800
Spring 2024	Advanced Practice with Indigenous Populations: SWK 6710 804 Understanding Social Research: SWK 3910 001 Success in Social Work SWK 3050 001

## **Clinical Experience**

### **Clinical Therapist (Licensed Clinical Social Worker)**

*Private Practice, Lumberton NC*

January 2011- Current

- Collaborate with community agencies to link clients to available resources

- Coordinate and overseeing initial and ongoing assessment activities
- Initial development and ongoing revision of service plan
- Monitor Implementation of service plan
- Maintain current documentation
- Provide individual and group therapy services to clients
- Coordinate discharge and aftercare planning to clients stepping down or changing services by linking and collaborating with various agencies.
- Completion of Comprehensive Clinical Assessments

### **Clinical Therapist**

*Family Alternatives Inc.*, Lumberton NC

January 2010- December 2010

- Collaborate with community agencies to link clients to available resources
- Coordinate and overseeing initial and ongoing assessment activities
- Initial development and ongoing revision of Person Centered Plan (PCP)
- Monitor Implementation of PCP
- Maintain current documentation
- Participate Peer Review
- Provide individual therapy interventions one on one to clients
- Coordinate discharge and aftercare planning to clients stepping down or changing services by linking and consulting with various agencies.
- Completion of Diagnostic/Mental Health Assessments

### **Director/Case Management Supervisor**

*Carolina Professional Mental Health Associates, Inc.*, Lumberton NC

April 2006- January 2010

- Collaborate with community agencies to link clients to available resources
- Provide individual therapy interventions one on one to clients
- Provide group therapy sessions with 5 or more clients
- Provides family therapy with client and their families
- Coordinate discharge and aftercare planning to clients stepping down or changing services by linking and consulting with various agencies
- Administration and Oversight of the Therapy /Case Management program

**Case Manager (At- Risk Youth)**

*Community Innovations, Inc.*, Lumberton, NC

September 2005- April 2006

- Collaborate with community agencies to link clients to available resources
- Coordinated and over saw initial and ongoing assessment activities
- Initial development and ongoing revision of Person Centered Plan (PCP)
- Monitored Implementation of PCP
- Supervised Associate Professional's and Paraprofessional's providing direct service to an individual
- Maintained current documentation
- Participated Peer Review

**Case Manager (At- Risk Youth)**

*Southeastern Regional Mental Health, Developmental Disabilities and Substance Abuse Services*, Lumberton

October 2004-September 2005

- Collaborate with community agencies to link clients to available resources
- Coordinated and over saw initial and ongoing assessment activities
- Initial development and ongoing revision of Person Centered Plan (PCP)
- Monitored Implementation of PCP
- Supervised Associate Professional's and Paraprofessional's providing direct service to an individual
- Maintained current documentation
- Participated Peer Review

**Social Worker II/ Social Worker I/CBS-P**

*Family Alternatives, Inc.*, Lumberton, NC

January 2002- October 2004

- Collaborate with community agencies to link clients to available resources
- Supervised paraprofessionals who provided direct care work
- Direct supervision of individuals receiving services
- Attending and participating in treatment team meetings and meetings for Person Centered Plan development and/or updates
- Transportation to and from appointments and other activities that provide support and intervention



- Provide training to paraprofessionals regarding skill training, socialization skills and behavioral redirection.

## **Professional Presentations**

**2011**

Thomas, J. & Stephens, F. (10/31/2011) 5th annual Minority male Mentoring Conference “Not Me! I’m Not That Weak: Exploring Depression in Minority Males”

**2013**

Thomas, J. (4/27/2013) 1<sup>st</sup> Annual Diversity and Leadership Summit “Increasing Native American Engagement”

Thomas, J. (9/26/2013) 3rd annual Infant Mortality Awareness Symposium on “Increased fatalities Among American Indian Males”

**2014**

Thomas, J. (4/5/2014) 2<sup>nd</sup> Annual Diversity and Leadership Summit “Cultural Competence”

Thomas, J. & Stephens, F. (10/14/2014) 2014 North Carolina Community College System Conference “Grass Roots: Believe 2 Achieve Mentoring Program”

**2015**

Thomas, J. (10/30/15) American Indian Mothers Walking in Many Worlds Conference “Native American Community Violence”.

**2020**

Thomas, J. & Stephens, F. (5/12/2020) 2020 NASW Clinical Social Work Institute “Impacts of Historical Trauma on Native American and African American Communities”

**2021**

Thomas, J. (1/29/21) Presented at NASW-NC Lumberton/Pembroke Local Program Unit “Impacts of Historical Trauma on Minority Communities.”

Thomas, J. (3/18/21) Presented at Sixteenth Annual Southeast Indian Studies Conference “Lumbee Perceptions of Community Violence”

Thomas, J. (5/7/21) Presented at 2<sup>nd</sup> Annual Southeastern Social Work Conference: Social Work IS Social Justice. “Understanding Historical Social Justice for People of Color in Robeson County”

Thomas, J. (10/21/21) Presented at NASW Onslow County Local Program Unit. "Impacts of Historical Trauma on Native American Communities"

## 2022

Thomas, J. & Hardy, V. (06/16/22) Presented at UNCP MSW OPTIMISE Workshop. "Community Resilience Initiative: Know Your R.O.L.E.S."

Thomas, J. (10/28/22) Presented at NASW Coastal Local Program Unit. "Building Resiliency in Native American Communities Impacted by Historical Trauma"

Thomas, J. (11/4/22) Presented at North Carolina Organization for Human Services Conference. "Building Resiliency in Native American Communities Impacted by Historical Trauma"

Thomas, J. (11/9/22) Presented at NASW Pembroke/Lumberton Local Program Unit. "Building Resiliency in Native American Communities Impacted by Historical Trauma"

Thomas, J. (11/17/22) Presented at NASW Wake Local Program Unit. "Building Resiliency in Native American Communities Impacted by Historical Trauma"

## 2023

Thomas, J. & Hardy, V. (06/20/23) Presented at UNCP MSW OPTIMISE Workshop. "Community Resilience Initiative: Know Your R.O.L.E.S."

## Scholarship

Thomas, J. L. (2018). Native American Tribe Member Perceptions About Community Violence: An Appreciative Inquiry (Doctoral dissertation, Capella University).

Co-Principal Investigator on the Katie. B. Reynolds Trust sub-award Grant (\$15,000) to support Southeastern North Carolina ACES Project in collaboration with Prevent Child Abuse NC. (7/14/20)

## Professional Licenses/Credentials

- North Carolina Social Work Certification and Licensure Board  
Licensed Clinical Social Worker (LCSW): 2010- Present  
License Number: C006984
- Credentialed Qualified Mental Health Professional (QMHP): 2004-Present
- Certified NCI (Non-violent Crisis Intervention) Instructor: 2005-2018
- Certified NCI+ (Non-violent Crisis Intervention) Instructor: 2018-Current
- Certified Adult and Pediatric CPR, AED, First Aid American Red Cross Instructor: 2019- Current

## **Continuing Education**

- 25<sup>th</sup> Annual UNCP Social Work Symposium-3/3/17
- 26<sup>th</sup> Annual UNCP Social Work Symposium-3/23/18
- Cognitive Behavioral Therapy Training-6/29/18
- Bullying Prevention and intervention-6/29/18
- Improving Cultural Competence Part I, II, & III-6/29/18
- HIPAA-6/30/18
- Principles of Substance Abuse-6/30/18
- Drugs, Brains, and Behavior, the Science of Addiction-6/30/18
- Gambling Problems: An Introduction for Behavioral Health-6/30/18
- 27<sup>th</sup> Annual UNCP Social Work Symposium-02/22/2019
- 1<sup>st</sup> Annual UNCP Southeastern Social Work Conference-3/6/20
- 2020 NASW Clinical Social Work Institute-5/11-12/2020
- Principles of Community-Based Behavioral Health Services for Justice-Involved Individuals-6/28/2020
- Quitting Tobacco Too-6/28/2020
- Children and Adolescents Affected by Traumatic Brain Injury-6/28/2020
- Fetal Alcohol Spectrum Disorders-6/28/2020
- TeleMental Health Training Program 1/15/22
- Trauma-informed Certification 1/16/22

## **Service**

- Chair of the NASW Lumberton/Pembroke Local Program Unit 2012-2015
- Member of LRDA Head Start/Early Head Start Policy Council, April 2011-April 2014
- Member of the Documentation Review Committee for the UNCP Accessibility Resource Center 2011-2016
- Member of Sexual Violence Task Force for the Rape Crisis center of Lumberton 2011-2016
- Member of the Child Welfare Education Collaborative scholarship selection 2010-2016
- Member of the Clients Rights Committee for Life Opportunities, Inc. 2010-2023
- Served as Co-Chair of the social work departments Awards Committee-2010-2022
- Served on the social work departments Symposium Committee-2011-2019
- Served as Child Welfare Education Collaborative Liaison 2010-2019
- Served as the department Web Information Coordinator (WIC) 2012-Current

- Served as Co-faculty advisor for the Campus Association of Social Workers 2014-2018
- Served as board member for Southeastern Family Violence Center Board of Directors 2019-Current
- Served on the social work departments Southeastern Social Work Conference Committee 2019- Current
- Served as Co-Chair of the College of Health Sciences Community Health and Wellness Symposium committee 2019-2022
- Served as Co-Chair of the Blue Cross Blue Shield Careers in Wellness Initiative 2019- Current
- Collaborated on the Katie. B. Reynolds Trust Grant (\$200,000) to support Southeastern North Carolina ACES Project in collaboration with Prevent Child Abuse NC. Spring 2020
- Served on department of social work field program committee Spring 2022-Current
- Chaired department of social work BSW Program Committee Spring 2022-Current
- Served on department of social work leadership committee Spring 2022-Current
- Served on department of social work engagement and outreach committee Spring 2022-Current
- Served on department of social work Accreditation committee Spring 2022-Current
- Served as Interim BSW Program Director Spring 2022-Current

## References

Available Upon Request